## 2<sup>nd</sup> Multidisciplinary International Musculoskeletal Pain Congress cum 11<sup>th</sup> Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management 12 − 14 April 2024 ● Hong Kong



**George Pitsis**Specialist Sport & Exercise Physician
Sports Medicine Institute
Australia

George Pitsis practices the philosophy that "exercise is medicine" and has over 20 years' experience as the team physician for many international and Australian national level sporting teams and players, including football (soccer), rugby union, rugby league and basketball.

Whilst working with elite sporting athletes, Dr. Pitsis also operates an integrated sports medicine facility, **Sports Medicine Institute**, in Miranda, NSW which is a leading establishment amongst the first of its kind, combining specialist doctors, allied health professionals and a commercial gymnasium, providing a holistic and complete service offering all under one roof to patients including young children, to the elderly members of the community.

Sports medicine is not a discipline reserved only for athletes – the most common problems patients present with relate to the musculoskeletal system (such as strains, fractures and breaks) as well as related injuries, conditions and ailments which include concussion, digestive issues, chronic fatigue, infectious diseases, depressions and respiratory/ sleep disorders. These injuries and issues may have their origins on the sporting field, but more commonly are sustained at home, in the workplace, driving or operating machinery or simply partaking in daily activities and hobbies.

Dr. Pitsis is a dedicated and leading specialist in his field, focused on returning patients to their preinjury state, and even helping them to improve from there, promoting a life of health and longevity.

Dr. Pitsis uses point of care ultrasound for diagnostic and therapeutic purposes using a wide range of injection options including PRP, Orthokine, hyaluronic acid, cortisone, and prolotherapy.

Dr. Pitsis completed his medical degree at the University of Sydney in 1993 and combined his passion for sport and medicine by obtaining his Fellowship with the Australasian College of Sport and Exercise Physicians in 2004.

Dr. Pitsis also completed his Diploma in Paediatrics in 1996 and a Masters of Sports Medicine in 2002 at University of New South Wales.

Between 2013 and 2017 and again 2021 to 2023, Dr. Pitsis was the Chief Medical Officer for the Cronulla Sharks NRL team and played an integral role in the success of the team, particularly during their history making 2016 premiership victory.

Dr. Pitsis has also been actively involved in the 2000 and 2004 Olympic Games, and appointed as the Chief Medical Officer for the Cyprus Olympic teams for the 2016 and 2018 Commonwealth Games, as well as the European Games in 2019.